

Learning Pod Self Reflection - Ella Gilbert

What is your preferred mode of remote communication?

- Email or any social media platform

What are your communication strengths?

- Very open in communication and try to communicate all feedback in a constructive but positive way

What are your communication weaknesses? Where would you like to grow?

- Making sure i'm around and open to communicate when the team needs me

Do you consider yourself an introvert or extrovert?

- Extrovert

What time zone are you in?

- PST Victoria

What time of day do you prefer doing academic work?

- Evening / after dinner

When you are upset do you tend to share this with others or keep it to yourself?

- Share with others

What do you like about group work?

- Collaborating with people from all different degrees and backgrounds to help grow my knowledge and perspective

What don't you like about group work?

- Trying to get many different schedules on the same page

What else would you like your team to know?

- Excited to meet everyone in the group and work together